PMEX UPDATE

ABBASI AND COMPANY (Pvt) Ltd.

SELL		
CRUDE10-SE26		
79.74	-2.49%	
Expiry	19/Aug/26	
Remaining	30 Days	
Entry	81.07 - 80.48	
Stoploss	82.29	
Take Profit	79.29 - 78.6	

SELL	
NGAS1K-AU26	
2.8410	-2.40%
Expiry	28/Jul/26
Remaining	8 Days
Entry	2.88 - 2.86
Stoploss	2.92
Take Profit	2.82 - 2.79

SELL	
GO1OZ-AU26	
4,036.57	0.44%
Expiry	29/Jul/26
Remaining	9 Days
Entry	4042 - 4036
Stoploss	4056.00
Take Profit	4022 - 4012

BUY	
SL10-SE26	
57.46	-2.05%
Expiry	27/Aug/26
Remaining	38 Days
Entry	56.94 - 57.36
Stoploss	56.22
Take Profit	58.45 - 58.97

SELL	
PLATINUM5-OC26	
1,617.40	0.30%
Expiry	28/Sep/26
Remaining	70 Days
Entry	1604 - 1600
Stoploss	1616.00
Take Profit	1586 - 1575

BUY	
COPPER-DE26	
6.3317	-1.45%
Expiry	24/Nov/26
Remaining	127 Days
Entry	6.32 - 6.33
Stoploss	6.28
Take Profit	6.36 - 6.39

BUY	
ICOTTON-DE26	
79.81	1.50%
Expiry	19/Nov/26
Remaining	122 Days
Entry	80.16 - 80.25
Stoploss	79.00
Take Profit	80.78 - 81.25

SELL	
DJ-SE26	
52,572	0.38%
Expiry	17/Sep/26
Remaining	59 Days
Entry	52608 - 52552
Stoploss	52700.00
Take Profit	52409 - 52332

SELL	
SP500-SE26	
7,537	0.52%
Expiry	17/Sep/26
Remaining	59 Days
Entry	7535 - 7528
Stoploss	7555.00
Take Profit	7510 - 7490

SELL	
NSDQ100-SE26	
29,072	1.04%
Expiry	17/Sep/26
Remaining	59 Days
Entry	28872 - 28820
Stoploss	29100.00
Take Profit	28589 - 28464

SELL	
GOLDUSDJPY-AU26	
162.31	-0.05%
Expiry	29/Jul/26
Remaining	9 Days
Entry	162.42 - 162.36
Stoploss	162.56
Take Profit	162.21 - 162.11

SELL	
GOLDEURUSD-AU26	
1.1436	-0.03%
Expiry	29/Jul/26
Remaining	9 Days
Entry	1.145 - 1.1444
Stoploss	1.146
Take Profit	1.1431 - 1.1421

PMEX UPDATE

Major Headlines

Oil prices ease after Brent crosses $90 amid escalating U.S.-Iran conflict

Brent crude prices eased on Monday, retreating from earlier gains, after an Iranian foreign ministry spokesperson said negotiations with the United States could be pursued based on national interests. Brent oil futures, the global oil benchmark, rose 0.2% to $88.26 a barrel by 05:00 ET (09:00 GMT), after earlier hitting an over five-week high of $90.75 a barrel. West Texas Intermediate futures fell 0.4% to $82.18 a barrel.

Gold steadies as investors weigh Fed outlook against escalating U.S.-Iran tensions

Gold prices were little changed on Monday as investors weighed escalating U.S.-Iran hostilities against the prospect that higher oil prices could reinforce expectations for the Federal Reserve to keep interest rates higher for longer. At 22:17 ET (02:17 GMT), XAU/USD edged up 0.1% to $4,020.63 an ounce, while Gold Futures rose 0.8% to $4,030.2. XAG/USD gained 1.8% to $56.97 an ounce, while XPT/USD rose 0.2% to $1,598.45.

Wall St futures edge higher ahead of this week's megacap earnings

U.S. stock index futures rose slightly on Monday, following last week's chip-stocks-led pullback, as investors awaited a key slate of earnings that could test Wall Street's AI-driven rally, while caution prevailed due to escalating tensions in the Middle East. The second-quarter earnings season will pick up pace this week, with reports due from several major companies, including Alphabet, Tesla, Intel and IBM.

USD/JPY Price Forecast: Forms Symmetrical Triangle near multi-decade highs

USD/JPY The Japanese Yen (JPY) trades marginally higher against the US Dollar (USD) during the European trading session on Monday. The USD/JPY pair edges down to near 162.36 as the US Dollar faces pressure, with investors remaining confident that the Federal Reserve (Fed) will leave interest rates unchanged in the monetary policy announcement next week.

EUR/USD Price Forecast: Edges higher to near 1.1450 but remains capped below 100-day SMA

The EUR/USD pair trades in positive territory around 1.1445 during the early European trading hours on Monday, bolstered by a hawkish tone from the European Central Bank (ECB). The ECB is expected to hold interest rates onThursday butill hike for the second time this year in September as a renewed energy price surge raises the risk of more intense inflation pressures, according to Reuters.

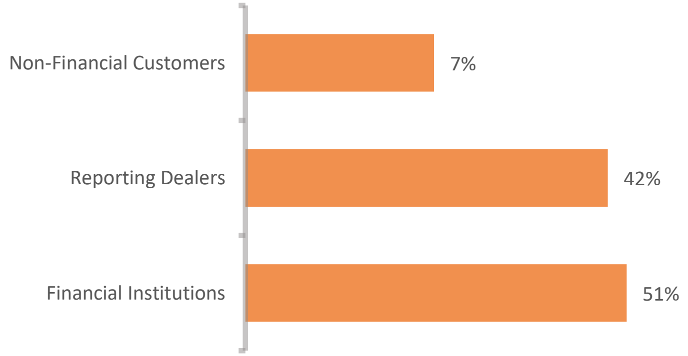
Economic Calendar

No economic calendar event scheduled

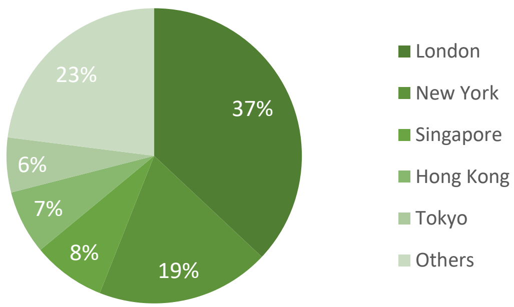
Forex Market Hours

Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

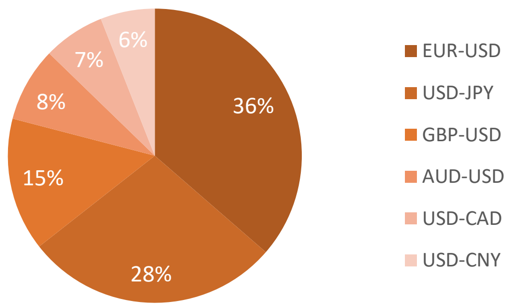
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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